

How to Find Temporary Housing

The good news is that there is plenty of temporary housing (apartments, townhouses, room-in-house) in the Bay Area, but the bad news is that living in the Bay Area can be very expensive. The following list gives names of local housing resources and a brief description of what they can provide.

On-Site References

In the personnel hallway of building N-241 there is a New Employee Information Bulletin Board. Displayed there are materials from various local apartments and a binder of room rental listings.

Publications Announcing Housing

The Astrogram is a NASA Ames publication distributed biweekly that includes classified housing. The Astrogram is published every other Friday and can be found in almost every office at Ames. You can also submit a classified form to announce that you are looking for a place to live and may find an opportunity that way.
(415) 604-5090

De Anza College has a public housing board on the first floor of the Student Center. The postings are listed by the type of housing desired.
(408) 864-5678

San Jose State University has a public housing board located on the back side of Joe West Hall (Ninth Street and San Salvador). This housing board is not screened by the San Jose State University Housing Office. (408) 924-1000

Stanford University has a public housing board in Tresidder Student Union. The housing board is in the main lobby of the first floor. This board is not screened by Stanford. (415) 723-2300

	<p>Stanford also has an Off-Campus Rental Office. However, this office can only be accessed by Stanford card-carrying students and faculty but may be an option if you have friends at Stanford. A bulletin board and computer printouts of housing are available through this office. These postings are screened and maintained by Stanford. (415) 723-3906</p>
Chambers of Commerce	<p>Many Chambers of Commerce provide information on local apartments and some have packets of information for newcomers in the area. Local Chambers of Commerce include:</p> <p>Mountain View Chamber of Commerce (415) 968-5250</p> <p>San Jose Chamber of Commerce (408) 291-5250</p> <p>Santa Clara Chamber of Commerce (408) 970-9825</p> <p>Sunnyvale Chamber of Commerce (408) 736-4971</p>
Apartment Referral Organizations	<p>Renter's Digest offers help in finding roommates and apartments for temporary housing. (415) 941-6200 ext. 306</p>
Apartment Complexes Commonly Used by NASA Ames Employees	<p>Oakwood Apartments are located very close (walking distance) to Ames and will give reductions in deposit and price for Ames temporary employees. They offer fully furnished one- and two-bedroom apartments, on-site dry cleaners, tennis pro shop, fitness facility, and swimming pool. (415) 964-7996 or (800) 777-4771</p> <p>Meadow Oak Apartments, Mountain View, is a complex close to Ames that may offer a lower deposit to Ames temporary employees. The complex has one-, two-, and three-bedroom apartments and townhouses. Some townhouses include washer and dryer units. (415) 964-8400</p>

Words for the Wise on Finding Housing

Other

Station 101, Santa Clara, is a complex of reasonably priced large size apartments. The manager is willing to negotiate price with NASA temporary and permanent employees.
(408) 241-4341

San Jose State University opens up one of its resident houses for interns during the summer. For students or temporary summer employees, this alternative can be very cost-effective. Basic furniture is provided and meal plans are available. Contact the San Jose State University Housing Services Office at (408) 924-6160

These referrals are for your information only and are not endorsements by NASA Ames.

- Always bring a friend along to see private apartments, townhouses and houses.
- Consider negotiating rent and deposit.
- Be sure to get a written rental agreement that specifies the rights and responsibilities of the landlord and the tenant.
- Be clear about how long you intend to stay and make sure that any lease requirement will not conflict with this. Try to get a short-term lease (6 months) if you are unsure how long you will be staying.
- The difference between month-to-month and a specified lease agreement is that the month-to-month can be changed, e.g., rent increases or termination by either party with proper written notification. A lease, however, offers more security to the tenant by fixing the rental price for a predetermined time period.
- Before moving in, point out to the landlord any problems or damage to the property. Make an agreement with the landlord about how these will be fixed and get it in writing and signed.

- Find out what utilities are included in your rent, if any.
- Determine the miles from Ames Research Center and be realistic about the commuting time it will take to get to Ames.
- Talk to your landlord before moving in to find out any specific requirements that will be necessary to get your deposit refunded. Give 30-days notice (or the stipulated number of days) to your landlord when you intend to move out.
- Deposits cannot be nonrefundable regardless of the term used to describe them. If you have not received your deposit within 2 weeks after your vacate date as specified by California law, contact the landlord in writing and keep a copy for your files.
- Some renters have found it beneficial to obtain insurance policies on household goods and personal property. In most cases, this would insure against fire, burglary and vandalism. This type of policy is readily available through most insurance companies. The cost can vary with type of rental unit, amount of personal property and coverage desired.
- Landlords are owners of private property and they are anxious to protect their investments by getting the best possible tenants. Impressions, therefore, are important.

Appearance – As you well know, you are first judged by physical appearance and then on your other attributes. It will be beneficial for you to try to be as neat and well groomed as possible. (The logic being: if you take pride in your personal appearance, you are also likely to take pride in where you live and thus would make an ideal tenant.)

Employment – Be sure to mention your job, educational background, and any information the prospective landlord may need to make a decision. If possible, ask your employer to provide you with a letter verifying your employment. The more positive input you can give a landlord, the better possibility you will have of obtaining the rental.

Help with Landlord– Tenant Disputes

Financial – Opening a local bank account before you actually apply to rent can be very helpful. It says good things about your intent to be financially organized. Most banks will allow you to open an account using your work address on a temporary basis and, when you have established a permanent address, will then print your checks. You will need to have two pieces of identification, a minimum deposit (usually \$100), and employment verification.

- A few Bay Area communities have enacted rent control ordinances. The laws vary from community to community. Most allow landlords to raise the rent between tenants, but restrict how much the rent can be raised once you’ve become a tenant.

Operation Sentinel (415) 468-7464
Area: Sunnyvale, Santa Clara, Cupertino
Service: Landlord–tenant law information and mediation.

**Mid-Peninsula Citizens for
Fair Housing** (415) 327-1718
Area: Redwood City south through Sunnyvale/
Cupertino
Service: Aid and/or referrals on problems of illegal discrimination.

**PAAIRS (Palo Alto Area Information
and Referral Service).....(415) 856-4062**

Area: Palo Alto

Service: Landlord–tenant law information and
mediation.

**Santa Clara County Consumer
Affairs(408) 299-4211**

Area: Santa Clara County

Service: Information and referral to local resources and
agencies

Utilities

Wherever you decide to reside while in the Bay Area, you may have to pay utilities of some sort. The kind of utilities you will pay varies depending on what area you live in and what kind of housing you have chosen. For example, in many apartment complexes, water and trash are paid for by the association or owner. The following lists the normal utilities that you may want to check into.

Gas and Electric _____

Water _____

Telephone _____

Cable TV _____

Garbage _____

Recycling Services _____

Your local phonebook or Chamber of Commerce can give you information on the utility providers in your area.

Transportation

Driving on Moffett Field

The speed limit on most parts of Moffett Field is 25 mph. Other speeds will be posted. NASA Security is responsible for enforcing federal and state driving laws.

Vehicle Access – To enter Moffett Field by car, you must have an employee badge or visitor pass. In order to get a pass, your name must be on the “pass” list at the NASA Pass & I.D. Office (someone at Ames must call your name in). You must show proof of registration and insurance in the Pass & I.D. Office to drive onto Moffett Field.

Note: If the vehicle you are driving is NOT registered in your name AND you plan to enter NASA Ames, you need to carry (in the vehicle) a letter from the owner that states you have permission to operate the vehicle at this location.

Parking – Parking at Ames is first come, first served with three exceptions:

- White painted curbs are reserved for division management.
- Green painted curbs are for 15-minute maximum stay.
- White curbs with carpool painted on the curb and the cement are reserved for carpoolers with decals.

The Bay Area Commute

The Bay Area has freeways stretching in every direction; however, traffic toward metropolitan centers in the morning and away from them in the evening can be frustrating and slow. There are more than enough people who commute each day to keep highways congested until 9 o’clock in the morning and until 7 at night. Others are finding that other, traditionally less convenient, ways of getting to work (i.e., carpooling and public transit) are more convenient than driving.

Carpooling

Almost all Bay Area highways have commuter lanes indicated by signs and the white diamonds in the lane. These lanes are enforced as carpool lanes during the morning and evening commutes. Generally, carpool lanes are designated for commuters only between 5:30 and 9:00 a.m. and between 3:00 and 7:00 p.m. In order to use this lane, you must have two, sometimes three, people per vehicle. Signs in the commuter lane will indicate the minimum person requirement and the exact hours of operation. Getting caught by the police in the commuter lane during commuter hours without the required number of persons in your car can be extremely costly, and police often patrol these lanes.

Ames Commute and Carpooling Services

The Ames Commute Alternatives Program offers many services to help you find carpool partners or alternate ways to commute to work. For more information on the following services you can contact the Commute Alternatives Office in Bldg. 19, rm. 1095, 604-1349.

- Ride-matching services. Ames is a partner in the RIDES for the Bay Area. The RIDES database includes over 400 names and is used to match interested Ames employees who want to carpool.
- Preferential carpool parking. Permits are available to employees who carpool three or more days a week.
- Transit tickets. Monthly transit tickets are available at the Exchange Gift Shop during the last and first week of each month. Civil Service employees are eligible for a \$21 transit subsidy from Ames.
- Shuttle service. Shuttles are available to transport commuters to and from the Mountain View Caltrain Station and the Lockheed Bus Terminal in the morning and afternoon. The shuttle will transport employees to and from the Ames cafeteria from 11:30 a.m. to 1:00 p.m.
- Commute hotline. The Ames Commute Hotline will give you information on carpooling, public transit, and bike commute information and is available in house on extension 2-2227.

Public Transit

The Bay Area has an extensive public transit system consisting of buses, trains, ferries, and subway-like rail systems. All systems offer monthly passes that give a discounted rate for those who commute daily. The following will acquaint you with our regional and county transit systems.

Regional Transit Resources

The Bay Area supports three international airports.
Oakland International Airport.....(510) 444-4444
San Francisco International Airport(415) 761-0800
San Jose International Airport.....(408) 277-4759

Amtrak – The Oakland station connects the Bay Area with the rest of the country’s railways. The Capitals line joins the Bay Area with Sacramento and the San Joaquin Valley. AC Transit buses can take you from the train station to both BART and the Oakland Airport. (800) USA-RAIL

Bay Area Rapid Transit – More commonly known as BART, is a 71 mile monorail that joins San Francisco with Alameda and Contra Costa Counties. Shuttle buses are available to transfer you to either the San Francisco or Oakland Airports. (510) 788-BART

Caltrain – Connects San Francisco and the Bay Area with the Salinas Valley. Trains start in Gilroy and end in San Francisco’s Transbay Terminal on its route through Monterey, Santa Clara, and San Mateo counties. Tickets can be purchased at the station or on board for an additional \$1 service charge. (800) 660-4287

Golden Gate Transit – Buses run daily connecting Marin and Sonoma counties to San Francisco’s Transbay Terminal. (415) 352-6600

County Transit Systems

In **Alameda and Contra Costa Counties**, the public transportation in the area is AC Transit bus service. This system provides connections between Amtrak and BART stations. It also connects with SamTrans at the Hayward BART station and with Santa Clara County Transit at the Fremont BART station. An AC Transit route links Oakland BART stations with the Oakland International Airport. Central and eastern cities in Alameda and Contra Costa counties have several bus lines for inter- and intracity service. In Berkeley, the Humphrey GOBART carries commuters to the Berkeley campus from the BART station.

AC Transit (800) 559-INFO

In **San Francisco**, the Municipal Railway (MUNI) serves commuters with buses, street cars, a railway, and cable cars. Bay Area Rapid Transit (BART) has eight stops in the city (four downtown) on its route from Daly City (San Mateo County) to Alameda and Contra Costa counties in the East Bay. MUNI (415) 673-6864

San Mateo County residents rely on SamTrans, which operates buses to San Francisco and throughout the county, making connections with BART stations in Daly City and Hayward (Alameda County). An alternative is CalTrain, which serves many San Mateo County cities. SamTrans (800) 660-4BUS

Santa Clara County Transit buses and light rail trains cover the entire county. Connections can be made with BART and AC Transit in Fremont and with SamTrans in Palo Alto and Menlo Park. CalTrain also serves Santa Clara cities on its run from Gilroy to San Francisco. (408) 321-2300

In **Santa Cruz County**, the Metropolitan Transit District serves passengers on numerous bus routes throughout the area. There is also bus service to San Jose. (408) 425-8600

Planning to Stay in California

Driver's License

You are required by California law to obtain a California driver's license within 20 days of establishing residency. Residency is established when you begin renting and/or working in the State of California; the length of time you intend to stay is not a factor. You should try to get your license as soon as possible, as it is often used for identification purposes. To obtain a license, you must pay a fee of \$10 and complete the following:

- Written test on the rules of the road (mandatory).
- Eye test (mandatory).
- Driving test (only if you do not have a valid license in another state or if your license has expired or been revoked).

Appointments may be scheduled by telephone or on a drop-in basis with the Department of Motor Vehicles nearest you. Consult your phone book for the DMV office in your area.

Automobile Registration

You must register your car immediately upon becoming a resident.

Fees must be paid within 20 days to avoid a penalty.

Registration Fees – Car registration fees vary by county. Check with your local DMV for details. You will also have to pay sales tax if the car was purchased out of state within the last 90 days.

License Fee – In addition to the registration fee, you must pay a licensing fee equivalent to 2% of the value of the vehicle.

	<p>Smog Impact Fee – This fee applies to cars that do not have a smog device installed. If you do not have a smog device in your vehicle, you must pay a \$300 fee.</p> <p>New cars purchased outside California must have a California emissions label or will also be subject to this fee. Even if the vehicle has a smog device, the car must be labeled to meet California’s standards to avoid this fee.</p> <p>A smog certificate is required in order to register your car. You may obtain a temporary registration by paying the registration fees before getting your car checked for emission. You then have 60 days to get a smog certificate.</p>
International Licenses	<p>As a tourist in California, you may drive on an International License for 60 days. If you secure employment and establish residence in the state, you must get a California driver’s license within 10 days.</p>
Department of Motor Vehicle Locations in Santa Clara County	<p>600 N. Santa Cruz Ave., Los Gatos Appointments and information(408) 354-6541</p> <p>595 Showers Drive, Mountain View Appointments(415) 968-2884 Information(415) 968-0610</p> <p>111 West Alma, San Jose Appointments and information(408) 277-1301</p> <p>3665 Flora Vista, Santa Clara Appointments and information(408) 277-1346</p>
Smog Certificates	<ul style="list-style-type: none"> • All cars that you plan to register in California (that are newer than either 1955 for domestic or 1965 for foreign models) must have a smog certificate before registration, even if no additional smog device is necessary. A certificate may be obtained at most service stations; charges will vary. • Smog certificates are not required for domestic cars built before 1955 or foreign cars built before 1965.

- Cars of years 1955–1965 generally need a PCV “closed crankcase” device and “retrofit exhaust” device (if not already installed).
- Cars of years 1966–1970 generally need a PCV “closed crankcase” device and a “Nox” device.
- For further information on the Smog Check Program, call the Bureau of Automotive Repair at (800) 952-5210 or the Air Resources Board at (800) 242-4450.

Taxes

Even if you are going to be living in California for only part of the year and do not plan to claim residency in California, you must still complete the California 1040 NR form (nonresident). If you earned income in California, you will still be subject to pay California state and local taxes on that income. If you have claimed residency in California, then you will need to complete the California 1040. If you have questions about the taxes you will have to pay, call the State Franchise Tax Board at (800) 852-5711 or (800) 338-0505 (recorded information).

Voter Registration

California law requires that you register to vote in the same district where you live. So after you have moved, whether inter- or intrastate, you may need to reregister. Call the California Voter Registration Hotline for more information. (800) 345-8683

Section V

Education

Whether you are interested in taking classes yourself or are looking for school districts in the area for your children, there are options.

Bay Area State Colleges and Universities

Hayward State (510) 881-3000
San Francisco State (415) 338-1111
San Jose State (408) 924-1000
University of California, Berkeley (510) 642-6000
University of California, Davis (916) 753-1011
University of California,
Santa Cruz (408) 429-0111

Private Colleges and Universities

Golden Gate University (415) 442-7000
Mill's College (510) 430-2255
Santa Clara University (408) 554-4000
Stanford University (415) 723-2300
St. Mary's College (510) 345-3830

Local Community Colleges

There are 28 community colleges in the Bay Area. These are just a few.

DeAnza College, Cupertino (408) 864-5678
Foothill College, Los Altos (415) 949-7777
Mission College, Santa Clara (408) 988-2200

Elementary and High School

Where you live (your address) will determine which school your child[ren] will be able to attend. There are three major school districts in the Santa Clara County: Unified School District, Elementary School District, and Union High School District. Contacting the County Office of Education will give you the name and phone number of the appropriate school(s) for your family.

Santa Clara County Office of

Education (408) 453-6500
100 Skyport Drive, San Jose, CA 95115

Local Media

The local newspapers and magazines provide information about current happenings and events. Many have good entertainment sections and classified sections that can be helpful to newcomers. The following is a listing of some of the major newspaper and magazine publications.

Newspapers

San Francisco Chronicle and the San Francisco Examiner – Focus on San Francisco news, sports, business and entertainment. Has a pull-out entertainment section on Sundays called “the pink section.” The pink section lists all San Francisco entertainment, includes reviews of theater productions, and also reviews all current movies. The Chronicle is published in the morning and the Examiner is published in the evening. On Sunday, the two papers combine for one joint paper. Chronicle: (415) 777-7100; Examiner: (415) 777-2424

San Jose Mercury News – Focuses on Santa Clara County news, sports, business and entertainment. Has a pull-out entertainment section every Friday called “The Eye.” This section lists all local entertainment happenings as well as entertainment in the Bay Area. (415) 494-3188

The Metro – Local South Bay magazine. Articles focus on local issues, with a liberal flavor. Mostly an entertainment and advertisement newspaper. Offers coupon discounts for restaurants. This newspaper is free and can be found in convenience stores and popular restaurants, usually by the door. Published every Thursday. (408) 298-8000

The San Francisco Bay Guardian – Local San Francisco weekly magazine. Similar to The Metro.

Magazines for California

Other newspapers

Contra Costa Times.....(510) 834-2888
Los Angeles Times(800) 234-3947
New York Times.....(415) 362-3912
Oakland Tribune(510) 208-6300
San Mateo Times(415) 348-4321
Wall Street Journal.....(415) 493-2800

San Francisco Focus – Regional magazine covers arts, history, fiction, people, places, and things. Published monthly. (415) 553-2800

Sunset Magazine – Focuses on “Western Living.” Each issue’s cover article features a place, usually in California or along the west coast. Insightful articles can help you plan an outdoor trip in this area. Published monthly. (415) 321-3600

Things to Do

To go into great detail on “Things to Do” would require a dedicated book. There are so many different things to do in the Northern California depending on your interests, time and budget. The following pages outline some of the highlights; however, by no means is this completely descriptive of all that is available to see or do. The end of the section lists books to read and suggests going to the library to find more specific information.

Outdoor Recreation

There are so many things to do in Northern California that it would be impossible to see every area of interest in one summer. However, that does not mean that you cannot get to many popular attractions. The following lists many of Northern California’s popular outdoor areas.

Gold Country – Located in the Sierra Foothills, the Gold Country is as beautiful as it is historic. Visit the places made famous during the Gold Rush of 1849. There you can try your hand at panning for gold or visit old mines. Whether you are looking to stay at a romantic bed and breakfast, shop for antiques, or run some of the country’s best white water rafting, the Gold Country is the place to be.

Lake Tahoe – The second highest lake in the world straddles the California–Nevada border; the area provides a year-round playground, with California’s finest winter skiing, summer boating, and camping.

Lassen Volcanic National Park – Steaming streams, bubbling mudholes, sulphur smells, and hissing vents against the backdrop of forested slopes, clear lakes, and steep peaks make Lassen one of the country’s showiest thermal areas.

Mendocino – New England architecture characterizes this former lumber-industry port along the coast north of San Francisco; at the grassy headlands, enjoy walking, fishing, and wave-watching.

Monterey Peninsula – State Highway 1 dips, twists, climbs and falls between Santa Lucia Mountains and pounding Pacific Ocean on its way to Big Sur. Explore Monterey’s Cannery Row and Fisherman’s Wharf; sample 17-Mile Drive’s spectacular scenery and golf courses; or tour Carmel’s delightful shops.

Mount Shasta – This mountain’s sheer size dominates the landscape in California’s far north. Glaciers, pristine lakes, wide valleys, and vibrant wildflowers lure ambitious climbers.

Napa Valley – Best known for wine country valleys north of San Francisco. Tour and taste at wineries dotting State Highway 29 near Saint Helena. Visit picturesque country roads, quaint towns and missions, historic museums, and mineral health spas.

Pinnacles National Monument – Spires and crags stretch 1,200 feet above canyon floors at Pinnacles, southeast of Monterey. Duck, crawl, and squeeze through dark caves when you explore these fascinating remnants of California volcanic activity.

Point Reyes National Seashore – Marin County’s long, windswept beaches contrast with grassy, forested slopes; at the visitor center, explore the Morgan horse ranch, blacksmith shop, and earthquake trail.

Redwood National Park – Cathedral-like coast redwoods blanket a 46-mile stretch of Northern California coast. Three state parks fall within the national park boundary, offering camping and recreational facilities.

Sacramento – California’s capital city dominates the agriculturally rich valley. Tour the State Capitol, Capitol Park, and historic Old Sacramento. Sacramento is the gateway to the Sierra Nevada Mountains, Lake Tahoe, and the Gold Country.

The Sacramento River Delta – Perfect place for houseboating, waterskiing, and sailing. The flat, picturesque landscape is ideal for bicycle riding and leisurely strolls. One of the best places in the state to see California’s migrating waterfowl.

	<p>San Francisco – Sparkling city by the bay fulfills every visitor’s fantasy. Ride cable cars, stroll through Fisherman’s Wharf and Ghirardelli Square, relax in Golden Gate Park, explore Chinatown, cruise the bay to Alcatraz or Angel Island, or just drink in breathtaking views from the city’s famous hills and bridges.</p> <p>San Simeon – William Randolph Hearst’s “castle on the hill” dominates the surrounding mountains. La Casa Grande tours lead you through an eclectic collection of mansions and gardens that now form a state historic monument.</p> <p>Yosemite National Park – Here nature’s spectacular magic shows off on a grand scale; the park boasts cascading waterfalls, ice-carved granite cliffs, far-reaching meadows, and groves of massive sequoias.</p>
Local Entertainment	<p>The Bay Area is filled with yearly festivals, such as the Cherry Blossom Festival, Chinese New Year Celebration, Festival of the Seas, Asparagus Festival, Garlic Festival, art festivals, and dozens more. There are also countless marathons and runs, craft fairs, and celebration events that leave little room for boredom on weekends. Or try a Bay Area nightclub or comedy club. San Francisco and the surrounding cities are filled with clubs. The best way to find out about upcoming events in the Bay Area is to check the local entertainment section of your newspaper. The San Francisco Chronicle’s Sunday entertainment section, called “the pink section,” gives a detailed calendar of events. You can also check the front section of your phone book for a description of yearly events and the months in which they take place.</p>
Theater	<p>There are over 40 theaters in the Bay Area. If you plan to attend a theater event, you may wish to know the layout of the theater before purchasing tickets. Layouts of all major theaters can be found in the phone book’s “Local Access Pages” located in the front of the book. These layouts show the shape of the theater and give the major seating sections.</p>

Center for the Performing Arts(408) 277-5277
255 Almaden Blvd., San Jose, CA 95113
Presents: Celebrity concerts, San Jose Symphony,
San Jose Civic Light Opera.

Cow Palace.....(415) 469-6065
Geneva and Santos Streets, Daly City, CA 94014
Presents: Concerts/rodeos, Ringling Brothers Circus, craft
shows, sports events, etc.

Flint Center(408) 864-8816
21250 Stevens Creek Blvd., Cupertino, CA 95014
Presents: Celebrity concerts, dance, theater.

Montgomery Theatre(408) 277-5277
S. Market St. at San Carlos St., San Jose, CA 95113
Presents: San Jose Repertory Company, celebrity concerts.

Mountain View Center for the Performing Arts(415) 903-6000
Mercy and Castro Streets, Mountain View, CA
Presents: Theater, dance, concerts.

The Mountain Winery(408) 741-5181
14831 Pierce Rd., Saratoga, CA 95070
Presents: Summer concert series (classical, jazz, blues).

Oakland/Alameda County
Coliseum(510) 569-2121
Nimitz Freeway and Hegenberger Rd., Oakland,
CA 94621
Presents: Celebrity concerts, Oakland A's (baseball),
Golden State Warriors (basketball), circuses, shows,
concerts, etc.

San Jose Arena.....(408) 287-9200
San Jose, CA
Presents: San Jose Sharks (hockey), concerts, shows,
sports events.

San Jose Civic Auditorium(408) 277-5277
145 W. San Carlos St., San Jose, CA 95113
Presents: Rock and country concerts, wrestling, Roller
Derby.

Theater Groups

Shoreline Amphitheater(415) 967-4040
 1 Amphitheater Parkway, Mountain View,
 CA 94043
 Presents: Celebrity concerts.

ACT—American Conservatory
 Theater(415) 749-2280
 San Francisco, CA

The Gilbert and Sullivan Society(408) 735-7292
 San Jose, CA

Los Altos Conservatory Theatre(415) 941-5228
 Los Altos, CA

Palo Alto Players(415) 329-2311
 Palo Alto, CA

San Jose Repertory Company(408) 291-2255
 San Jose, CA

San Jose Stage Company(408) 283-7142
 San Jose, CA

Saratoga Drama Group(408) 255-0801
 Saratoga, CA

Sunnyvale Community Players.....(408) 733-6611
 Sunnyvale, CA

Dance

Los Lupenos Mexican Folk
 Dancers(408) 292-0443
 Margaret Wingrove Dancers.....(408) 993-9233
 San Jose Cleveland Ballet.....(408) 288-2800
 San Jose Dance Theatre(408) 293-5665

Symphony and Opera	Civic Light Opera(408) 453-7108
	Nova Vista Symphony(408) 245-3116
	Opera San Jose.....(408) 283-4880
	San Francisco Symphony.....(415) 552-8000
	San Jose State Symphony(408) 924-4673
	San Jose Symphony(408) 288-2828
	West Valley Light Opera Assoc(408) 268-3777
Shopping	There are an endless number of shopping areas in the Bay Area. Have FUN!
<i>Major Shopping Centers</i>	<p>Almaden Fashion Plaza.....(408) 264-3766 Almaden Expressway at Blossom Hill Rd., San Jose 50 stores Type: Open Major Stores: Emporium, Ross, Service Merchandise</p> <p>Eastridge Shopping Center(408) 274-0360 Tully Rd. at Capitol Expressway, San Jose 160 stores Type: Enclosed Major Stores: Emporium, J.C. Penney, Macy's, Sears</p> <p>Milpitas Town Center(408) 946-1550 Calaveras and Milpitas Blvds. 43 stores Type: Open Major Stores: Mervyn's, Marshalls</p> <p>Oakridge Mall(408) 578-2910 Blossom Hill Rd. at Pearl, San Jose 111 stores Type: Enclosed Major Stores: Macy's, Montgomery Ward, Nordstrom</p> <p>San Antonio Shopping Center(415) 941-3794 2550 El Camino Real West, Mountain View 20 stores Type: Open Major Stores: Best Products, Mervyn's, Sears</p>

Stanford Shopping Center.....(415) 617-8230
Quarry Rd. at El Camino Real, Palo Alto
152 stores
Type: Open
Major Stores: Emporium, I. Magnin, Macy's, Neiman-
Marcus, Nordstrom, Saks 5th Avenue

Sunnyvale Town Center.....(408) 245-3270
2502 Town Center, Sunnyvale
121 stores
Type: Enclosed
Major Stores: J.C. Penney, Macy's, Montgomery Ward

Vallco Fashion Park.....(408) 255-5660
10123 N. Wolf Rd., Cupertino
170 stores
Type: Enclosed
Major Stores: Emporium, J.C. Penney, Sears

Valley Fair Shopping Center(408) 248-4451
Stevens Creek Blvd. at Interstate 880/San Jose
170 stores
Type: Enclosed
Major Stores: Emporium, Macy's, Nordstrom

Westgate Shopping Center.....(408) 379-9350
1600 Saratoga Ave., San Jose
85 stores
Type: Enclosed
Major Stores: Home Express, Montgomery Ward, Ross

Department Stores

Mid- to upper-priced items can be found at:
Emporium
I. Magnin
Macy's
Nordstrom
Saks 5th Avenue

Low- to mid-priced items can be found at:

Best Products

Home Express

J.C. Penney

K Mart

Marshalls

Mervyn's

Montgomery Ward

Ross

Sears

Service Merchandise

Target

Museums

Cupertino California History Center.....(408) 864-8712
21250 Stevens Creek Blvd. at Stelling Road
DeAnza College
This museum offers changing exhibits exploring
California's rich and varied history.

Palo Alto Barbie Doll Hall of Fame.....(415) 326-5841
460 Waverly Street at University Avenue
The world's largest collection of Barbies is housed at this
unique museum.

Museum of American Heritage.....(415) 321-1004
275 Alma Street at Everett Avenue
This museum is full of antique mechanical devices.

San Francisco Ansel Adams Center(415) 495-7000
250 Fourth Street between Howard and Folsom Streets
This facility houses the largest single display of fine art
photography on the West Coast.

Asian Art Museum.....(415) 668-8921
JFK and Tea Garden Drives
Golden Gate Park
The largest collection of Asian Art in the western world.

Cable Car Barn and Museum.....(415) 474-1887
 1201 Mason Street at Washington Street
 This museum offers a look at the machinery that powers San Francisco cable cars.

California Academy of Science(415) 750-7145
 Between JFK and Martin Luther King, Jr. Drives
 Golden Gate Park
 Here you can explore exhibits on natural history, aquatic and amphibian life, gems and minerals, and the stars. This museum houses the Natural History Museum, The Morrison Planetarium, the Steinhart Aquarium and the Far Side Gallery.

California Palace of the Legion of Honor(415) 863-3330
 Clement Street and 34th Avenue
 Lincoln Park
 This museum focuses on European art and includes many important works.
 (Temporarily closed for renovation.)

Cartoon Art Museum(415) 546-3922
 Northern California Print Center Building
 665 Third Street at Townsend Street
 Over 1,000 cartoons are housed in this museum with works dating back to the 18th century.

Chinese Culture Center/Chinese Heritage Walks.....(415) 986-1822
 750 Kearny Street at Washington Street
 Holiday Inn Hotel
 This museum has two galleries featuring contemporary and historical art by Chinese and Chinese-Americans.

Chinese Historical Society of America Center(415) 391-1188
 650 Commercial Street between Kearny and Montgomery Streets
 Contains the largest collection of Chinese artifacts in the country; this museum covers the history of the Chinese people in California from 1840 to the present.

The Exploratorium.....(415) 561-0360
3601 Lyon Street between Marina Blvd. and Lombard
Street

The Exploratorium is one of the world's most innovative science museums. Over 650 hands-on exhibits challenge the full range of senses through a wide variety of natural phenomena.

M. H. de Young Memorial
Museum.....(415) 863-3330
Between JFK Drive and Eighth Avenue
Golden Gate Park
San Francisco's most diverse fine arts museum.

National Maritime Museum.....(415) 556-3002
Aquatic Park at the north end of Polk Street
Hyde Street Pier
This museum hosts a small fleet of its own historic ships including a side-wheel ferry from 1890 and the magnificent Balclutha, a 101-year-old, square-rigged sailing vessel.

The Old Mint Museum.....(415) 744-6830
Fifth and Mission Streets
This structure survived the 1906 earthquake and served as a bank because most others had burned down. In the early 1930s, it was estimated that the mint held nearly one-third of the nation's wealth. Today the museum displays collections of commemorative coins, pioneer gold coins, and minting equipment. (May be closing at the end of August 1994; call before you plan to visit.)

San Francisco Fire Department Pioneer
Memorial Museum.....(415) 861-8000
655 Presidio Avenue at Bush Street
Horse-drawn fire wagons and early motorized fire engines can be viewed at this museum.

San Francisco Museum of Modern
Art(415) 252-4000
401 Van Ness Avenue at McAllister Street
The museum features modern paintings, sculptures, and an extensive collection of contemporary photography.

<i>San Jose</i>	Rosicrucian Egyptian Museum and Planetarium(408) 947-3636 Park and Naglee Aves. Rosicrucian Park Largest collection of ancient Egyptian, Assyrian, and Babylonian artifacts in the west.
	San Jose Historical Museum.....(408) 287-2290 600 Senter Road at Phelan Street Kelly Park Covering more than 16 acres, this museum is an authentic re-creation of San Jose's original Main Street.
	San Jose Institute of Contemporary Art(408) 283-8155 451 South First Street This gallery displays works by contemporary artists.
	San Jose Museum of Art.....(408) 294-2787 110 South Market Street at San Fernando Street This museum features contemporary exhibits of local, national, and international scope.
	The Tech Museum of Innovation(408) 279-7150 145 W. San Carlos Street This museum showcases today's most advanced technology through interactive exhibits.
<i>Santa Clara</i>	Triton Museum of Art.....(408) 247-3754 1505 Warburton Avenue at Lincoln Street Located in a 7-acre park-like setting, this museum has a rotating schedule of local, national and international exhibits.
<i>Sunnyvale</i>	Sunnyvale Historical Museum.....(408) 749-0220 235 East California Avenue at Sunnyvale Avenue This museum exhibits photographs and artifacts chronicling Sunnyvale's history back to the 1850s.
Sporting Events	

<i>Baseball</i>	Oakland A's(510) 638-0500 Oakland Coliseum Nimitz Freeway and Hegenberger Road
	San Francisco Giants(415) 467-8000 Candlestick Park Giants Drive and Gilman Avenue
<i>Basketball</i>	Golden State Warriors(510) 638-6000 Oakland Coliseum Arena Nimitz Freeway and Hegenberger Road
<i>Football</i>	San Francisco 49ers(415) 468-2249 Candlestick Park Giants Drive and Gilman Avenue
<i>Hockey</i>	San Jose Sharks.....(408) 287-7070 San Jose Arena Autumn Street at Santa Clara Avenue
<i>Horse Racing</i>	Bay Meadows.....(415) 574-7223 2600 South Deleware Street at 25th Street San Mateo
	Golden Gate Fields(510) 559-7300 Gilman Street off I-80 Albany
<i>Soccer</i>	San Francisco Bay Blackhawks(800) 677-4295 Newark Memorial High School Stadium 39375 Cedar Blvd. between Stevenson and Mowry Streets Newark
<i>College Teams</i>	California Golden Bears UC Berkeley.....(800) 462-3277

	San Francisco State University Alligators(415) 338-2218
	San Jose State Spartans.....(408) 924-3267
	Santa Clara Broncos.....(408) 554-4660
	Stanford Cardinals(415) 723-1021
	University of San Francisco Dons(415) 666-2873
Places to Go	<p>Alcatraz Island The legendary maximum security prison, known as “The Rock,” which once held such notorious criminals as Al Capone and “Machine Gun” Kelly. Advance ticket purchase is recommended for this 2 1/2 hour tour. San Francisco Bay. (415) 546-2805</p> <p>Angel Island State Park Just a short ferry ride from Fisherman’s Wharf, Angel Island’s more than 740 acres offer spectacular views of the Bay Area. The island is an ideal place to picnic, hike, bike, or jog. San Francisco Bay. (415) 435-1915</p> <p>Flea Markets 12000 Berryessa Road, San Jose(408) 453-1110 Capitol Expwy and Monterey, San Jose(408) 225-5800 Open-air markets with thousands of merchants selling everything from fruit, vegetables, and clothes to antiques.</p> <p>Fort Point National Historic Site The only Civil War era fort west of the Mississippi, Fort Point was constructed in the 1850s. Open Wednesday to Sunday, 10:00 a.m. to 5:00 p.m. Marine Drive under the south end of the Golden Gate Bridge. (415) 556-1693</p>

Ghirardelli Square

900 North Point Street, San Francisco. This specialty retail and dining complex houses 63 shops and 13 restaurants. It was originally a chocolate factory established by Domenico “Domingo” Ghirardelli. Ghirardelli Square offers treasures from all over the world, dining, and entertainment—whatever you may be looking for. For information on their hours, call (415) 775-5500.

Happy Hollow Park and Baby Zoo

1300 Senter Road, San Jose (Kelly Park, Senter Rd. and Keyes St.). Children’s playground and park that features rides, contact and feeding area for animals in baby zoo, puppet shows, and picnic area. For information on hours and fees, call (408) 292-8188.

Malibu Grand Prix has a fleet of turbo-charged go-carts and several tracks varying in difficulty. Inside, Malibu has a large video arcade and an 18-hole miniature golf course. 340 Blomquist, Redwood City, call (415) 367-1905.

Marine World Africa USA

Located in Vallejo, 20 minutes north of San Francisco. Over 7 shows and 50 attractions. Exotic land animals and marine mammals. Water ski and boat show features a one-of-a-kind show on the West Coast. For information on admission and hours, call (707) 643-6722.

Monterey Bay Aquarium

886 Canary Row, Monterey. The aquarium houses more than 100 exhibits including 3 main tanks: kelp forest, Monterey Bay Habitats, and sea otters. More than 6,500 specimens represent 525 species of fish, mammals, birds, and plants found in Monterey Bay. For information on admission and hours, call (408) 375-3333.

The Mystery Spot is a 150-foot area tucked into the Santa Cruz Mountains where gravity goes wacky! Market Street, Santa Cruz, call (408) 423-8897.

Paramount's Great America Theme Park

Great America Parkway off Hwy 101 in Santa Clara, or take Hwy 880 to 237 West, to Great America Parkway. Eighty acres of family fun with over 125 exciting rides and attractions. Features the Top Gun, Roaring Rapids, Pictorium Theatre, Triple Ferris Wheel, and the Demon Roller Coaster. For admission information and hours, call (408) 988-1800 or (408) 988-1776.

Pier 39/San Francisco

Pier 39 is a two-level shopping, dining, and entertainment complex on the San Francisco waterfront two blocks east of Fisherman's Wharf. Open daily 10 a.m. to 10 p.m. For information, call (415) 981-7437.

Raging Waters is a water park with many large slides and pools. Lake Cunningham Regional Park, San Jose. Open mid-May through September, call (408) 270-8000.

Roaring Camp and Big Trees Railroad

Felton, Santa Cruz County. Take Hwy 17 (880) to Felton Exit, then east 3 miles to Graham Hill Road and Roaring Camp. Original old-fashioned steam-powered passenger train rides through forests of giant redwoods to Bear Mountain. Passengers may stop to hike or picnic at this point, then return to Roaring Camp for a delicious chuckwagon barbecue (which is an additional charge). For information on fees and schedules, call (408) 335-4400.

San Francisco Zoo

Sloat Blvd. at 45th Ave. Explore the zoo's many worlds: Primate Discovery Center, Children's Zoo, Insect Zoo, Gorilla World, Penguin Island, the Lion House, and many more. For information on admission and hours, call (415) 753-7061.

Santa Clara County Fairgrounds

344 Tully Road, San Jose. Features the annual County Fair. Available year-round recreational, educational, and commercial needs of county residents. For information, call (408) 295-3050.

Santa Cruz Beach and Boardwalk

Take Hwy 17 (880) to Santa Cruz and follow signs to 400 Beach Street. California's only beachside amusement park with over 50 rides and attractions. Open daily after Memorial Day weekend. For more information, call (408) 426-7433.

Seventeen Mile Drive

Take Hwy 17 (880) to Hwy 101 and follow signs to Carmel/Monterey. Scene of the Annual Pebble Beach Pro/Am Golf Classic. A beautiful scenic drive featuring views of Monterey Bay, Cypress Point, Seal Rock, and Pebble Beach. Call the Carmel Chamber of Commerce for information on the cost per car to take the drive, call (408) 624-2522.

Winchester Mystery House and Historical Firearms Museum

Located on Winchester Blvd. between Hwy 280 and Hwy 880, this house is known as the world's strangest monument to a woman's fears. This \$5,500,000, 160-room Victorian mansion was under construction for 38 continuous years, 24 hours a day, and is now restored and furnished. Guided tours daily from 9:00 a.m. For current schedule and fees, call (408) 247-2001.

Getting There from Here...

Perhaps you've been wanting to visit a popular California spot but don't really have any idea how far away it is. To give you a better idea, here is a list of popular California spots and their mileage from Santa Clara. If you are interested in finding mileage to places not listed, you can go to the library's reference desk and borrow the "Rand McNally Standard Mileage Highway Guide." This reference book will give you the mileage to almost any city in the United States, including most cities in California.

Disneyland	338 miles
Lake Tahoe/Reno	251 miles
Las Vegas.....	525 miles
Monterey	69 miles
Napa Wine Country	100 miles
San Diego.....	461 miles
San Francisco	40 miles
Santa Cruz.....	33 miles

References for Things to Do in the Bay Area

There are dozens of books on Bay Area entertainment that include outdoor areas, art and museums, food and restaurants, weekend trips, frugal vacationing, etc. The best thing to do if you are particularly interested in seeing California is to go to the library and check out books from the section on California. This allows you the freedom to choose several books without spending any money! Then, if you find a particular book valuable, you can buy it at the bookstore. Some of the more notable books that you can check out from the library are:

California, The Ultimate Guidebook
Ray Riegert, Ulysses Press, Berkeley

California National Forests
National Forests of America, Falcon Press Publishing,
Montana

The Complete Wine Country Guidebook
Indian Chief Publishing House, Tahoe City, California

Discover Historic California
George and Jan Roberts, New Fortress Publications,
Whittier, California

Guide to the Good Life on the Peninsula
Josh Groves and Peter Massik, Stanford

Sunset Northern California Travel Guide
Lane Publishing Co., Menlo Park

Vacation Towns of California
Indian Chief Publishing House, Tahoe City,
California

Food

Restaurants

Once again, an entire book can be (and many have been) devoted to restaurants in the Bay Area. There are so many restaurants in the Bay Area that one could spend each day for the next year eating in a different restaurant and not have tried them all. In addition, restaurant names and prices are continually changing. Therefore, it makes more sense to refer you to sources that can provide you with more information about current restaurants than to try to list restaurants here.

- A great place to start when looking for restaurants to try is the local Chamber of Commerce. Almost all in the Bay Area have a Restaurant Guide brochure that will tell you the name, type, address and dollar amount of local restaurants.

Chambers of Commerce

Mountain View	(415) 968-5250
San Francisco	(415) 392-4511
San Jose.....	(408) 291-5250
Santa Clara	(408) 970-9825
Sunnyvale.....	(408) 736-4971

- Talk to locals. What are their suggestions?
- Every Wednesday the Chronicle has a food section that includes restaurant reviews.
- Every Wednesday the Mercury has a food section that includes restaurant reviews.
- The Metro newspaper has a running review of local restaurants.
- Check out your local bookstore to find the latest editions of Bay Area Restaurant Guides. Then go to the library and see if you can find them there rather than buying them. The following is a list of dining books that were found at the local library.

Bay Area Dining Books

Keep in mind that restaurants close down frequently and that some books may discuss restaurants that no longer exist. For this reason, always call before making a trip to a restaurant listed in a book. All the books listed were found at the Mountain View Library.

The Bars of Santa Clara County, A Beer Drinker's Guide to Silicon Valley, Jay Brooks and Karen Knezevich. Zero Publishing, CA (1992).

Epicurean Rendezvous Northern California 100 Best Restaurants, Richard Brault and Cynthia Turnbull, Epicurean Rendezvous, San Francisco (1991).

A Guide to the Bay Area's Best Ethnic Restaurants, or How to Travel Around the World Without Leaving San Francisco, Richard and Linda Flamm, Zobra Press, CT (1989).

The Menu, Narsai David, David Thomas Publishing, Hillsboro, OR (1992).

Jim Wood's Guide to San Francisco Restaurants, Jim Wood. Ten Speed Press, Berkeley (1990).

Paul Wallach's Guide to Restaurants of San Francisco and Northern California, Paul Wallach. Peregrine Smith Books, Utah (1985).

Restaurants of San Francisco, Patricia Unterman and Stan Sesser. Chronicle Books, San Francisco (1988).

Restaurants of San Francisco, The Definitive Guide to the Bay Area's Best, Patricia Unterman. Chronicle Books, San Francisco (1986).

Zagat San Francisco Restaurant Survey, Anthony Dias Blue and Edwin J. Schwartz. Zagat Survey, NY (1990).

Specialty Food Markets

With such diverse cultures and ethnic origins in the Bay Area, there is an endless variety of ethnic and specialty grocery stores worth checking out. Make sure to also check out the phone book.

<i>Asian</i>	Dobashi Market.....(408) 295-7794 240 Jackson, San Jose
	Manila Oriental Market(408) 736-0100 425 E El Camino Real, Sunnyvale
	New Castro Market.....(415) 962-8899 340 Castro, Mountain View
	New Lotte Oriental Food(408) 737-7377 962 W. El Camino Real, Sunnyvale
	Tin Tin Oriental Market.....(415) 969-4288 865 E. El Camino Real, Mountain View
<i>Indian</i>	Spiceland.....(408) 554-1378 1591 Pomeroy Avenue, Santa Clara
	Tajmahal Imports(408) 247-4507 3085 El Camino Real, Santa Clara
<i>International</i>	Taloka Lava(408) 738-0388 870 Old San Francisco Road, Sunnyvale
<i>Latin American</i>	Chaparral Super(408) 998-8028 1001 East Santa Clara, San Jose
	La Costena Grocery Store.....(415) 967-0507 2078 Middlefield Way, Mountain View
<i>Middle East</i>	Middle East Foods(408) 248-5112 26 Washington, Santa Clara
	Narrayan Enterprises.....(415) 948-4777 2520 California, Mountain View
<i>Organic/Healthy</i>	Bread of Life(408) 257-7000 10983 North Wolfe Road, Cupertino
	Whole Food in Palo Alto(415) 326-8676 774 Emerson, Palo Alto

Section IX

Addresses and Phone
Numbers
to Keep

Medical Assistance

Doctors Physician Referral Service.....(408) 998-5700

Dentists Santa Clara County Dental
Society(408) 289-1480

Optometrists Referral Service of Santa Clara
County.....(408) 297-2020

Information Tel Ned System.....(408) 298-7444
Sponsored by Santa Clara County Medical Society and
San Jose area hospitals.

Hospitals Alexian Brothers(408) 259-5000
225 North Jackson Avenue
San Jose, CA 95116

Community Hospital,
Los Gatos–Saratoga(408) 378-6131
815 Pollard Road
Los Gatos, CA 95053

El Camino Hospital.....(415) 940-7000
2500 Grant Road
Mountain View, CA 94042

Good Samaritan(408) 559-2011
2425 Samaritan Drive
San Jose, CA 95124

	<p>Kaiser–Permanente Medical Center.....(408) 236-6400 900 Kiely Blvd. Santa Clara, CA 95051</p> <p>Lucile Salter Packard Children’s Hospital at Stanford(415) 497-8000 725 Welch Road Palo Alto, CA 94304</p> <p>Mission Oaks(408) 356-4111 15891 Los Gatos–Almaden Road Los Gatos, CA 95032</p> <p>O’Connor Hospital.....(408) 947-2500 2105 Forest Avenue San Jose, CA 95128</p> <p>San Jose Hospital(408) 998-3212 675 East Santa Clara Street San Jose, CA 95112</p> <p>Santa Clara Valley Medical Center.....(408) 299-5100 751 South Bascom Avenue San Jose, CA 95125</p> <p>Santa Teresa(408) 972-7000 250 Hospital Pkwy. San Jose, CA 95119</p> <p>Stanford.....(415) 723-4000 300 Pasteur Drive Stanford, CA 94305</p>
Legal Assistance	<p>Lawyer Referral Services.....(408) 971-6822</p> <p>Legal Aid Society of Santa Clara County(408) 998-5200 Assistance with housing, eviction, immigration, welfare, and other legal problems</p> <p>State Bar of California(800) 843-9053</p>

General Assistance

Information and Referral.....(408) 248-INFO

This information and referral number is staffed by the United Way of Santa Clara County. If you need information on almost anything—family problems, health care, child care, counseling resources—you can call this number for referrals or information from 8:30 a.m. to 4:30 p.m., Monday through Friday.

The Career Action Center.....(415) 324-1710

445 Sherman Avenue, Palo Alto

A career planning and employment center. Library resources contain current reference materials for career exploration and employer research. Reflects changing employment and economic conditions on the Peninsula. You may purchase a center membership or pay a daily fee to use the resources.

Career Outreach–YWCA.....(408) 295-4011

440 North First Street, San Jose

The YWCA is a nonprofit community service which provides mutual support, low-cost workshops in communication, resume writing, career development, interviewing techniques, etc. The Y also provides assistance in career transitions and assistance for women reentering the job market.

California Self-Help Center(800) 222-5465

Statewide referrals to support groups.

Section X

NASA Ames Research Center Services

Advisory Groups

There are many services and facilities at Ames and Moffett Field that are available for your use.

All employees are invited to participate in the Advisory Groups. The advisory groups serve to bring the interests of the group they represent to the attention of Center management. Advisory Group meetings provide a place to meet people, learn about Center programs, and get informed on upcoming events. Call 604-6507 for more information.

Advisory Committee for Women
African American Advisory Group
Asian American/Pacific Islander Advisory Group
Disabled Employees Advisory Committee
Hispanic Advisory Group
Native American Advisory Committee

Ames Fitness Center

The Ames Fitness Center is open to all employees. In order to use the facility, you must fill out a waiver form and have your doctor sign the form. The facility offers weights, exercise machines, and aerobics classes and also special classes like Tai Chi and weight management. The Fitness Center also coordinates organized sports like Lunchtime Volleyball and tennis clinics. The Fitness Center is located in Building 221604-5804

Child Care Center

The Child Care Center provides parent run, fee for service, on-site child care for Civil Service and contractor employees. They do not provide drop-in care. The CCC is located in Trailer TA20604-4184

Concern [®] : Employee Assistance Program	<p>NASA Ames offers its Civil Service employees assistance with personal problems including alcohol, drugs, crisis, emotional, marital, stress, cultural adjustment, legal, financial, or other difficulties through Concern[®] Employee Assistance Program. This program is provided free of charge to eligible employees. Concern[®]: EAP offices are open Monday through Friday, 8:30 a.m.–5:00 p.m. Should you need to call at other times, due to a crisis, you will be directed to emergency assistance.....(415) 940-7100</p>
Food	<p>Ames Cafeteria..... NASA Bldg. 235 McDonaldsMoffett Bldg. 596 Baskin–RobbinsMoffett Bldg. 476 The Moffett ClubMoffett Bldg. 243</p>
Golden Bay Credit Union	<p>The Credit Union provides banking service for all employees. They offer extremely competitive rates and friendly service. The main office is adjacent to McDonalds, and the other branch is located in the lobby of Building 204(415) 969-1060</p>
Health Unit	<p>The Health Unit provides physicals and other health related services to Civil Service employees. The Health Unit is located in Building 215604-5.</p>
NASA Exchange	<p>The NASA Ames Exchange Office offers many useful services. Listed below are just a few of the most popular. For more information regarding any of these services, call the Exchange Office.....604-4948</p> <p>Ticket, Tours, and Leisure Travel Office – The Ticket, Tours, and Leisure Travel Office is located near the main entrance of Building 19. There you can buy discounted tickets to amusement parks, movies, and lift tickets for local ski resorts. They also arrange package tours for leisure travel and exploration. A list of upcoming events is included in the Exchange newsletter which is sent out at the beginning of each month and can be found at most places mail is delivered.</p>

	<p>Sport and Club Activities – The Exchange sponsors many NASA clubs from lunchtime sports, to competitive intramural team sports, to hobbies and special interest groups. A complete list of the clubs is available when you call the Exchange Office.</p> <p>Chase Park Reservations – Contact the Exchange Office to reserve the use of Chase Park. Located just inside the South (Ellis Street) Gate, the park offers barbecue pits, picnic tables, a volleyball court, and a baseball field. Reservations require a \$25 refundable deposit and a \$10 usage fee.</p>
New-Employee Programs	<p>Orientation – All new employees are encouraged to attend an orientation that gives an overview of NASA and Ames Research Center. For more information contact Greg Parman, 604-1045.</p> <p>Loans – Co-op students and recent college graduates have access to employee loans. For more information contact Patricia Powell, 604-6988.</p> <p>Relocation – Civil Service employees also have access to Relocation services. For more information contact Dana Askins, 604-3794.</p>
Post Office	<p>A full service post office is located in Moffett Building 67604-5905</p>
Tours	<p>All employees are welcome to arrange for a tour conducted by the Visitor's Center or join an available existing one. If you would like to set up a tour, you must call several weeks in advance, as tours fill quickly604-6274</p>
Travel Agency	<p>Although primarily used for NASA government travel, the travel agency can also be used to make personal travel arrangements. The travel agency is located in Building 203.....604-5305</p>

Visitor's Center and Gift Shop

The Visitor's Center houses a museum of NASA and Ames-related exhibits and the Ames Gift Shop. The Gift Shop has various NASA and Ames memorabilia including T-shirts, mugs, stickers, and posters. The Visitor's Center is located in Building N-223. Look for the space shuttle model in front of the building.

Visitor's Center604-6274
Gift Shop604-5412

Other Important Numbers (All Area Code 415)

Security/Emergency911

Duty Office604-5416

NASA Operator604-5000

Astrogram604-5090

Benefits Office604-5610

Equal Opportunity Office604-6507

Human Resources Development

Management Branch (Training).....604-4653

Library604-5157

Lost and Found604-5416

Mail Room604-5994

Pass and I.D. Office604-5545

Payroll604-5294

Personnel Management Branch604-5610

Suggestions Program604-4273

NASA, the Agency

The back of your Center phone book has addresses and phone numbers listings for the 12 NASA installations. They are:

Headquarters, Washington, D.C.
Ames Research Center, California
Dryden Flight Research Center, California
Goddard Space Flight Center, Maryland
Jet Propulsion Laboratory, California
John F. Kennedy Space Center, Florida
Langley Research Center, Virginia
Lewis Research Center, Ohio
Lyndon B. Johnson Space Center, Texas
Marshall Space Flight Center, Alabama
Stennis Space Center, Mississippi
Wallops Flight Facility, Virginia (Goddard)

About Ames ...

Contractor/Civil Service Relations

At Ames there are approximately 1,700 Civil Service and 2,000 Contractor employees. Civil Service employees are paid by the Federal Government while Contractor employees are employed by private companies. Although Civil Service employees and Contractor employees have separate functions and responsibilities, all employees are working together to help NASA Ames Research Center achieve its goals.

Dress

Ames Research Center is fairly casual about dress. The degree of “casualness” varies from organization and building, and some offices observe casual Fridays. The exception is Building 200 where you can expect to wear business, professional clothing. You may want to ask your supervisor before you begin, or simply observe when you arrive.

Office Hours

There is a wide variety of work schedules available. All employees must work the number of hours and times specified on their supervisor-approved work schedule. Some employees start their day as early as 6:00 a.m.; other employees start their day as late as 9:00 a.m. Speak with your supervisor to establish your office hours or if you have any questions about office hours in your organization.

Ames offers its nonsupervisory employees an alternative (“compressed”) work schedule. A compressed schedule allows employees to work an 80-hour pay period in nine days: eight 9-hour days and one 8-hour day. This allows you the benefit of one day off each pay period.

Also available in some circumstances is the Flexi-place Program. This program offers a flexible work-at-home alternative. Check with your personnel manager for details and requirements.

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